



KGK

sodexo
at SCHOOL

sodexo
at SCHOOL

“ MAKE YOUR VOICE HEARD ”
Every voice matters

GIVE YOUR FEEDBACK TO US



SCAN THIS QR CODE | SPEAK TO A STAFF MEMBER

sodexo
at SCHOOL

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



ALLERGEN DAIRY



ALLERGEN EGG



VEGETARIAN



VEGAN



MILD SPICY

A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



Sign up for our e-Newsletter

Scan QR code to follow & visit us



Sodexo
Hong Kong Website



Sodexo
Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Sep 15 - 19

WEEKLY MENU



15/09 Monday

16/09 Tuesday

17/09 Wednesday

18/09 Thursday

19/09 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in 	Thai Green Curry Chicken w/ Rice 	Bacon Mac & Cheese 	Tomato & Chicken Casserole w/ Rice	Roasted Chicken Steak in Gravy w/ Rice	Tori Karaage w/ Cross Trax Fries [\$47]
Meal B \$41 Takeaway \$38 Dine-in 	Wok-fried Beef w/ Enoki Mushroom & Bell Pepper, Rice 	Braised Chicken & Oyster Mushroom in Chili Bean Sauce w/ Rice 	Baked Fish Fillet in Cream Sauce w/ Rice OR Penne 	Braised Pork Rib in Dark Vinegar w/ Rice	Braised Beef Brisket w/ Radish, Rice
Meal C \$38 Takeaway \$35 Dine-in 	(Vegan) Assorted Organic Ratatouille w/ Farfalle 	(Vegan) Mexican Bean Stew w/ Rice OR Pita Bread 	(Vegan) Braised E-fu Noodle w/ Assorted Mushroom 	(V) Pumpkin Alfredo Fusilli 	(Vegan) Mushroom Bourguignon Spaghetti

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday: Lunch 12:00nn - 1:15pm; Tuesday to Friday: Lunch 1:15pm - 2:15pm

Bowl \$41	BBQ Pork Fried Rice 	Stir-fried U-don w/ Beef 	Pho Thap Cam 	Taiwanese Soup Noodle w/ Beef 	Zha Jiang Mein
---------------------	--------------------------------	-------------------------------------	-------------------------	--	---------------------------

LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36 	Smoked Salmon Caesar 	(V) Greek Salad 	Japanese Green Tea Soba (Yuzu Dressing) 	Mediterranean Chopped Salad w/ Chicken in Sesame Dressing 	Mixed Kale Salad w/ Parma Ham (Italian Dressing)
------------------------------	---------------------------------	----------------------------	--	--	---

PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$30 	Ham & Cheese 	Chicken & Mushroom 	Pepperoni & Cheese 	Ham & Cheese 	Pizza Carbonara
Pizza B (Vegetarian) \$30 	Trio Cheese 	Margherita 	Marinara 	Trio Cheese 	Margherita



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Sep 15 - 19

WEEKLY MENU



15/09 Monday				16/09 Tuesday			17/09 Wednesday			18/09 Thursday			19/09 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Thai Green Curry Chicken w/ Rice			Bacon Mac & Cheese			Tomato & Chicken Casserole w/ Rice			Roasted Chicken Steak in Gravy w/ Rice			Tori Karaage w/ Cross Trax Fries		
	165	6	8	201	7	12	120	9	3	143	10	4	269	10	15
Meal B	Wok-fried Beef w/ Enoki Mushroom & Bell Pepper, Rice			Braised Chicken & Oyster Mushroom in Chili Bean Sauce w/ Rice			Baked Fish Fillet in Cream Sauce w/ Rice OR Penne			Braised Pork Rib in Dark Vinegar w/ Rice			Braised Beef Brisket w/ Radish, Rice		
	166	11	8	133	9	3	187	16	10	163	11	6	124	10	5
Meal C	(Vegan) Assorted Organic Ratatouille w/ Farfalle			(Vegan) Mexican Bean Stew w/ Rice OR Pita Bread			(Vegan) Braised E-fu Noodle w/ Assorted Mushroom			(V) Pumpkin Alfredo Fusilli			(Vegan) Mushroom Bourguignon Spaghetti		
	95	2	3	145	6	6	195	5	11	161	4	9	126	3	4
Bowl	BBQ Pork Fried Rice			Stir-fried U-don w/ Beef			Pho Thap Cam			Taiwanese Soup Noodle w/ Beef			Zha Jiang Mein		
	179	9	10	172	9	5	91	7	2	158	8	9	168	6	9
Salad Box	Smoked Salmon Caesar			(V) Greek Salad			Japanese Green Tea Soba			Mediterranean Chopped Salad w/ Chicken in Sesame Dressing			Mixed Kale Salad w/ Parma Ham		
	171	9	12	111	3	9	140	6	4	159	2	12	185	8	13



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

